



## IMPORTANT INFORMATION AND FACTS ABOUT THE GRANDFAMILIES SUPPORT GROUP

Our programs are designed to provide supportive services to DC residents. All programs incorporate a multi-generational philosophy that addresses the needs of the whole family. These principles include: early childhood development, economic assets, social capital, post-secondary education & employment pathways and health & well-being.

### WHAT IS THE GRANDFAMILIES SUPPORT GROUP?

The Grandfamilies Support Group is a series of workshops designed to share valuable information in order to help improve the lives of the caregiver, children and youth. This program is aligned with the mission of DHS to empower every District resident to reach their full potential by providing meaningful connections to opportunities, economic assistance and supportive services.

### WHAT ARE THE REQUIREMENTS TO JOIN THE GRANDFAMILIES SUPPORT GROUP?

Participants must be grandparents, great-grandparents, great aunts and uncles that are the primary caregivers of their grandchildren.

### IS THERE A FEE TO PARTICIPATE?

There is no fee to participate.

### HOW OFTEN DOES THE GROUP MEET?

The Grandfamilies Support Group meets February through September the second Saturday of the month from 1:00 p.m. – 3:00 p.m.

### WHAT TOPICS ARE DISCUSSED AT THE WORKSHOPS?

Topics include information about mental and physical health, child support, CPR, disaster preparedness, self-care, legal resources, and more.

### DO I NEED TO BE A DC RESIDENT?

You must be a DC resident to participate.

### HOW DO I GET MORE INFORMATION ABOUT THE GRANDFAMILIES SUPPORT GROUP?

For more information, please email: [gen2gendc@dc.gov](mailto:gen2gendc@dc.gov)