

HEALTHY AGING IS OUR PRIORITY!

The Senior Wellness Centers provide comprehensive programs that promote the health and wellness of D.C. senior residents 60 years of age and older.

The programs serve as city-wide health education and applied learning centers with activities delivered through classes focusing on wellness, health promotion and disease prevention such as: nutrition, exercise, reflexology, smoking cessation and other health dialogues, seminars, support groups, auxiliary activities, creative arts, intergenerational programs and peer leader training.



Visit a Senior Wellness Center TODAY:

Bernice Fonteneau

Senior Wellness Center (Ward 1)
3531 Georgia Avenue, NW
Washington, D.C. 20010
(202) 727-0338

**UDC - Institute of Gerontology
BODYWISE Program** (Ward 3)
4340 Connecticut Avenue, NW
Building 52, 2nd Floor
Washington, D.C. 20008
(202) 274-6697

Hattie Holmes

Senior Wellness Center (Ward 4)
324 Kennedy Street, NW
Washington, D.C. 20011
(202) 291-6170

Model Cities

Senior Wellness Center (Ward 5)
1901 Evarts Street, NE
Washington, D.C. 20017
(202) 635-1900

Hayes Senior Wellness Center (Ward 6)

500 K Street, NE
Washington, D.C. 20002
(202) 727-0357

Washington Seniors

Wellness Center (Ward 7)
3001 Alabama Avenue, SE
Washington, D.C. 20020
(202) 581-9355

Congress Heights

Senior Wellness Center (Ward 8)
3500 Martin Luther King, Jr., Ave SE
Washington, D.C. 20032
(202) 563-7225

