

# DOMESTIC VIOLENCE

### WHAT IS THE MY SISTER'S PLACE PROGRAM?

My Sister's Place (MSP) is a non-profit organization supported by the District of Columbia Department of Human Services (DHS) to provide domestic violence support services to families who are receiving Temporary Assistance for Needy Families (TANF).

# WHO IS ELIGIBLE FOR MSP SERVICES?

Customers who are suffering as a result of a pattern of abusive behaviors in a relationship from one partner in an attempt to gain and or maintain power over the other are eligible for **MSP** services. The domestic violence can be physical, sexual, emotional, economic, or verbal acts or threats. **MSP** assists victims with obtaining employment, training, housing, counseling and skill building.

## - HOW DO I KNOW IF I AM A VICTIM?

If you are not sure if you are a victim of domestic violence, there are certain warning signs that should be considered. If you answer "yes" to any of the following questions, **MSP** may be able to help you:

- Does your partner threaten to hurt you or call you names?
- Does your partner constantly insult you? In front of your children?
- Do you feel isolated from friends and family?
- Does your partner control when and where you go, or what you do?
- Does your partner insist that you spend all of your time with him or her?
- Do you or have you ever had to deal with slapping, choking, pushing, pinching burning, or any other physical violence?

### - WHAT SERVICES DOES MY SISTER'S PLACE PROVIDE?

My Sister's Place provides the following services for victims of domestic violence:

- Crisis Counseling
- Community Referrals
- Support Groups
- Advocacy and Education
- Residential Support
- Community Outreach



#### **HOW DO I REACH MY SISTER'S PLACE?**

My Sister's Place is located in Washington, DC. You may call them at **202.540.1058** or contact them by e-mail at *ESA@mysistersplacedc.org*.